

Present the
33rd Annual Diabetes Management Conference Webinar

Diabetes: Head to Toe *and* Near & Far

Thursday, November 5, 2020
8:00am – 4:00pm

TOPICS

Depression	Evidence-Based Nutrition	Patient-Centered
Health Literacy	Telehealth and COVID-19	Approach to Medications
Physical Activity	Nutritional Management of Diabetes Complications	Principles of Adult Learning

REGISTRATION FEES: ___ \$75.00 Pharmacists and Nurse Practitioners requesting ACPE credit
 ___ \$50.00 for Nurses, RDs, LTC Administrators and Others

TO REGISTER:

Instructions: [Click here](http://www.spartanburgregional.com/CEEvents) to register or copy the link www.spartanburgregional.com/CEEvents
Under the Event Categories filter, click on 'Healthcare Continuing Education'. Search for the 33rd Annual Diabetes Conference.

Deadline: November 2, 2020

CONTINUING EDUCATION CREDIT

Nurses/Dieticians

This educational activity has been awarded **7.08** contact hours for nurses and dieticians. SRHS Corporate Education is an approved provider of nursing continuing professional development by South Carolina Nurse Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacists

The University of South Carolina College of Pharmacy (UofSC COP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based learning activity has been accredited for **7.0** live contact hours (0.7 CEU) for pharmacists, ACPE UAN **0062-9999-20-200-L01-P**. To have credit reported to the NABP CPE Monitor, participants are required to sign in, attend the activity in its entirety (partial credit for attendance at select sessions will not be awarded), participate in all active learning and learning assessments, and follow the instructions provided to all registrants to complete an online evaluation within 30 days of the event (any credit claimed greater than 60 days from the date of the event will be rejected by the NABP CPE Monitor).



Long Term Care Administrators

The program has been approved for **7.0** of continuing education by the South Carolina Board of Long Term Health Care Administrators. Approval Code #2020068.

Others

This program provides **7.08** hours of continuing education.

Questions: [Toya Hancock, tlhancock@srhs.com](mailto:tlhancock@srhs.com)

AGENDA (Schedule is subject to change)

8:00 am – 8:10 am	Welcome, Introduction	
8:10 am - 9:10 am	Depression and Diabetes: Facing the Double Whammy	Marquita Winder, PharmD, BCACP, CDE; Clinical Pharmacist, Columbia VA Health Care System
9:10 am - 9:55 am	Understanding Health Literacy: What It Means to Your Practice	Elizabeth Stokes, RN, CDE; Out- Patient Diabetes Educator, Prisma Health
9:55 am - 10:05 am	Break	
10:05 am - 11:05 am	Evidence-Based Nutrition	Alison Hanna, RDN, LD; Clinical Dietitian, Veteran’s Health Administration
11:05 am - 11:50 am	Nutritional Management of Diabetes Complications	Alison Hanna, RDN, LD; Clinical Dietitian, Veteran’s Health Administration
11:50 am - 12:15 pm	Lunch	
12:15 pm - 1:15 pm	A Patient-Centered Approach to Diabetes Medications	Jessica Odom, PharmD, BCPS, BC-ADM; Clinical Pharmacy Specialist – Internal Medicine and Ambulatory Care, Prisma Health – Upstate
1:15 pm - 2:00 pm	Improving How We Teach: Principles of Adult Learning	Elizabeth Stokes, RN, CDE; Out- Patient Diabetes Educator, Prisma Health
2:00 pm - 2:10 pm	Break	
2:10 pm - 3:10 pm	Telehealth; Reaching Underserved Populations	Julia Savoy, MHS, RDN, LD; Registered Dietitian/Diabetes Educator, SRHS
3:10 pm - 3:55 pm	Physical Activity: The Fight Against Diabetes	Sissy Rosebrick, MS; Certified Fitness Instructor, Personal Trainer, Exercise Specialist, Thomas E. Hannah Family YMCA
3:55 pm - 4:00 pm	Wrap-Up/Program Evaluation/Adjourn	

ACTIVITY TYPE: Knowledge-Based

TARGET AUDIENCE: Pharmacists

LEARNING OBJECTIVES:

Upon completion of this program, the participant will be able to:

- Recognize the relationship between diabetes and depression
- Explain how low health literacy may negatively impact diabetes management and tactics health care professionals may use to assist patients with low health literacy improve self-care behaviors
- Recognize evolving nutritional strategies which may be considered by patients seeking to improve health or lose weight
- Discuss dietary interventions for prevention and treatment of selected complications of diabetes
- Identify medications for glycemic control which may be preferred in individuals with concomitant disease states or at high risk for these disease states
- Identify steps to motivate the adult learner
- Explain potential benefits and obstacles in the use of telehealth to reach underserved populations
- Describe the benefits of physical activity in persons with diabetes



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